



Angola	Luanda Email: ucfywca@yahoo.com.br
Workshop on reconciliation and consolidation of peace in Angola	To strengthen the capacities of members in civil education in order to encourage active participation of all women in the democratic elections and peace process. During the first elections in Angola in 1992 many Angolans were not properly informed on their rights and what it meant to vote. 10 years of civil war followed these elections and at last new elections will be held in 2006. In collaboration with COIEPA (Comité Inter-Ecclesiastique pour la Paix en Angola) the YWCA has organised a workshop for participants selected from the 6 provinces of Angola to ensure that civil society, especially women, are aware of their rights, understand why elections are being held and are able to make an informed decision. The agenda includes: reconstruction and national development, peace and democracy, peace and national reconstruction, peace and solidarity. Following their training participants will act as trainers for other women in how to take part in the reconstruction and peace process, and especially the democratic elections.
Benin	Cotonou Email: ywca_benin2002@yahoo.fr
Training trainers HIV prevention	Ignorance, and misconceptions about sex are rampant in rural Benin. Girls are married young and illiterate, with no understanding of how to care for their sexual health and rights. Since sexual misinformation is generally passed from one woman to another, the YWCA of Benin is using the same vehicle to spread the right messages. Several women from rural villages have been trained as trainers in sexual and reproductive health and rights. These programme graduates return to their villages and share their knowledge on how to negotiate safer sex and protect themselves from sexually transmitted infections. To reinforce the message of the new trainers posters and banners promoting prevention methods, as well as condoms were also distributed in villages.
Ghana	Accra Email: ywca@africaonline.com.gh
Personal development programme for adolescent girls	Young girls are trained in personal development and self sufficiency. Adolescents are drawn from selected schools in ten regions. At the training centre they are exposed to a range of issues including leadership techniques, communication, the situation of the girl child, common diseases in Africa such as malaria, diarrhea, and HIV and AIDS, teenage pregnancy and abortion, immunisation and biblical teaching. Participants are also introduced to marketable crafts such as wall hangers, mosaics, soap making, and bead decoration. Training takes place during the summer holidays and lasts three weeks.
Kenya	Nairobi Email: info@kenyaywca.org
Violence against women and girls - Mombassa	The YWCA works with the five regions of the coast province community to address issues of domestic and cultural violence and create awareness in the community on these issues. They accomplish this through demonstrations, workshops for women, girls and community leaders (including law enforcement officers), human rights day activities and media campaigns through the Kenya Broadcasting Corporation. Their aim is to reduce violence against women by raising awareness on women's rights in the local community.
Kenya	Nairobi Email: info@kenyaywca.org
Young women's skills training project	This programme is part of a larger one called Young Women Leading the Way which was originally funded by the YWCA of Australia. The purpose of the project is to improve the welfare of the Maasai girl child through skills training and awareness raising on reproductive health issues. One hundred girls from the Kajiado District are taught vocational skills in beadwork and embroidery. They also receive information on human rights and reproductive health, especially the consequences of early and forced marriages in the Maasai Community. The course utilizes poems, songs and drama with an educational message.
Lesotho	Maseru Email: lesotho.ywca@yahoo.co.uk
Civic and voter education programme	The purpose of the civic and voter education programme is to empower and sensitise young people on the importance of political action. Youth are enabled to participate fully in the democratisation of their country.



Lesotho	Maseru Email: lesotho.ywca@yahoo.co.uk
HIV prevention and care for the affected	The youth support group of the YWCA of Lesotho is based in a village on the outskirts of Maseru city. The group supports people affected by HIV and AIDS with home visits and food donations to those in need. In collaboration with the Lesotho Child Counselling Trust for sexually abused children and battered women, the YWCA works to raise awareness of the links between violence against women and children and the spread of HIV and AIDS.
Uganda	Kampala Email: ywca@utlonline.co.ug
Shelter for battered women	<p>The shelter is a place where women and children fleeing from violence can access a safe and empowering refuge while receiving information, counselling, and appropriate referral to relevant organisations that can help them make informed decisions for the next steps. The objectives of the shelter are:</p> <ul style="list-style-type: none">To encourage and support women in determining her future whether this involves building an independent life or returning to the marital home.To recognise, protect and care for the emotional needs of the children involved.To offer support to families leaving the shelter by offering individual or couple counselling as appropriate.To offer support networks for the women involvedTo educate and inform the public and other relevant bodies on violence against women. <p>Services provided by the shelter include: information, crisis counselling, legal advice, referral to appropriate organisations, support through women's groups, follow up of clients, skills training, outreach. Every year hundreds of women are helped by the shelter.</p>
Zimbabwe	Amby Email: ywcass@ywca.co.zw
Week without Violence	Each year in Zimbabwe, YWCA tries to address the current problems and then feature the chosen situation as the national theme. From the 24th to 29th November 2003, YWCA gathered in Marondera for the national event, Initially there were forty young people from YWCA, but by the end of the campaign a total of hundred participants had attended. There was also a clean up campaign which acted also as a symbol of sweeping away the abuses that women suffer under the hands of their oppressors.